

ARMY RECRUITING OFFICE – RO (HQ) SHILLONG

**ARMY RECRUITMENT RALLY AT DIMAPUR, NAGALAND
FROM 10 MAR - 20 MAR 2021**

1. Army Recruitment Rally will be held for eligible candidates of **Meghalaya** from **10 Mar 2021 to 20 Mar 2021** at **Dimapur, Nagaland**. Online registration is mandatory and will be open from **09 Jan 2021 to 22 Feb 2021**. Admit Cards for the rally will be sent through registered e-mail from **23 Feb to 09 Mar 2021**. Candidates should reach the venue on given date and time as mentioned in the Admit Card.
2. Candidates will be screened for following categories and as per Qualitative Requirements mentioned below (Mention only the categories being screened in the notifications).

Category	Age	Cut Off Dates	Minimum			Education Qualification
			Height (Cms)	Weight (Kgs)	Chest (Cms)	
Soldier Clk/SKT	17 ½ to 23 yrs	Born between 01 Oct 1997 to 01 Apr 2003	160 @	Proportionate to height and age as per Army Medical standards vide DGMS letter No 76060/DGMS-5A DT Mar 20 (Details is attach as Appendix 'B')	77(+5 cm expansion)	10+2/Intermediate Exam pass in any stream (Arts, Commerce, and Science) with 60% marks in aggregate and minimum 50% mks in each subject. Securing 50% in English and Math/Account/Book Keeping in class 12 th is mandatory.
Soldier Technical (Nursing Assistant/ Vet)	17 ½ to 23 yrs	Born between 01 Oct 1997 to 01 Apr 2003	157		77(+5 cm expansion)	10+2/Intermediate Exam pass in Science with Physics, Chemistry, Biology and English with minimum 50% marks aggregate and 40% mks in each subject OR 10+2/Intermediate Exam pass in Science with Physics, Chemistry, Botany, Zoology and English with minimum 50% marks aggregate and 40% mks in each subject

@ **Note.** Height permissible for Gorkha candidates is 157 Cms.

\$Relaxation in Physical Standards.

Category	Heights (Cms)	Chest (Cms)	Weight (Kgs)
Sons of Servicemen (SOS)/Ex-servicemen (SOEX) / War Windows (SOWW) Widow of Ex-Servicemen	2	1	2
Adopted son/son-in-law of a war widow, if she has no son including a legally adopted son of serving soldier/ex-servicemen	2	1	2
Outstanding Sportsmen (International/National/State/District level having secured 1 st /2 nd position in the last two year)	2	3	5
\$Note :- Relaxation in Physical standards is either for wards of servicemen/ex-servicemen or sportsmen (not both) and is in addition to the special physical standards			

3. Candidates will be tested as stated below :-

PHYSICAL FITNESS TEST (AT RALLY SITE)					
1.6 KMS RUN	Timing for 1.6 Kms Run for All Categories	Jump 9 Feet Ditch for All Categories	Pull Ups (Under Grip) for All Categories	Zig Zag Balance for All Categories	Remarks
Based on Time Group I - 60 Mks Group II - 48 Mks	Group – I - 05 Mins 30 Secs Group – II - 05 Mins 31 Secs to 05 Mins 45 Secs	Need to Qualify	10 Pull Ups – 40 Marks 9 Pull Ups – 33 Marks 8 Pull Ups – 27 Marks 7 Pull Ups – 21 Marks 6 Pull Ups – 16 Marks	Need to Qualify	For Soldier Clerk/SKT and Soldier Nursing Assistant category candidates only need to qualify in PFT.